Celebrating Culture through Food
A 6th grade cross-curricular project that helps us understand ourselves and the world around us through food.

**Project Description:** Students will create a cookbook with other classmates with recipes that are derived from their own culture. Each recipe will show the correct proportions in order to feed a crowd. Students will be connecting with the history and culture of the food, studying its nutritional values and its physical and mental effects on the body.

**Driving Question**
How does food foster relationships and promote cultural awareness?

**Essential Questions**
➔ How can understanding a culture’s history help us learn more about ourselves?
➔ How might we use what we know about ourselves and where we come from to help others in our community?
➔ How does the food that we put in our bodies affect our overall health?
➔ How has the processing of simple ingredients changed over time and what are its effects?

**Experiences**
➔ Cook Off
➔ Creating a cookbook
➔ Interviews with people from different regions/cultures
➔ Cook and Share meals we create

<table>
<thead>
<tr>
<th>Mathematics</th>
<th>English</th>
<th>History</th>
<th>Science</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fractions, decimals, ratios</td>
<td>Narrative, informative, writing, reading oral</td>
<td>Cultures, historical influences</td>
<td>Cells, human body</td>
</tr>
<tr>
<td>Convert for crowd of 20, down to a group of 2</td>
<td>Narrative paragraph on culture, i.e. vignette (house on mango street)</td>
<td>Historical accuracy</td>
<td>Info paragraph on health analysis of infographic, labeled diagram</td>
</tr>
</tbody>
</table>

**Exhibition of Learning**
Cookbook/ Potluck at SLC, December 13th 2018

**Extensions of Learning**
Create a cooking episode